

# Rapid 3D Extrusion of Synthetic Tumor Microenvironments

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Anticancer drugs are typically assayed on tumor cell lines grown on tissue culture plastic with efficacy measured by growth inhibition or cell death. However, tumor progression *in vivo* is mediated by dynamic microenvironments where spatiotemporal control of signaling between diverse cell populations is responsible for growth and dissemination.<sup>[1,2]</sup> Metastasis of breast cancer, in particular, is partially regulated by a paracrine loop between tumor cells (TC) and macrophages (M $\phi$ ) in the primary tumor, which enhances the motility of both cells and primes the TC to intravasate into the bloodstream, thus playing a key initiating event in disease progression.<sup>[3,4]</sup> This heterotypic cell interaction pair has been directly observed *in vivo* using intravital microscopy<sup>[5]</sup> and *in vitro* using a variety of 2D and 3D culture platforms.<sup>[6–8]</sup> The development of therapeutic regimens that target heterotypic interactions preceding metastasis is an emerging area for development in cancer therapy. However, there is a deficit of *in vitro* systems that generate reproducible tissue morphology for a quantitative assessment of heterotypic signaling suitable for therapeutic development.

Compared to traditional 2D culture in a petri dish, 3D culture allows more accurate replication of natural tissue and matrix organization.<sup>[9–11]</sup> *In vitro* models developed for drug screening have demonstrated differences in cell proliferation, morphology, and drug response for 3D compared to 2D systems.<sup>[12,13]</sup> Microfluidic devices provide a means to organize 3D microenvironments such as cysts and tubules, which mimic the basic building blocks of epithelial tissue and allow high surface-area interfaces between chemically or biologically distinct domains of tissue.<sup>[10]</sup> Kang et al. developed a process in which they vary chemical composition and topography as a fiber is extruded<sup>[14]</sup> and Onoe et al. have pioneered a hydrodynamically focusing method for generating cell-encapsulated fibers on a large scale.<sup>[7,15]</sup> However, single channel fibers are limited in

geometry and rely on postprocessing methods to achieve geometric variability and structural control.

Here, we demonstrate a versatile approach to multidomain tissue mimetics by extruding peptide-conjugated alginate fibers under controlled flow rates to modulate flapping instabilities.<sup>[16]</sup> Controlling the fiber arrangement in a single fluidic extrusion step allows integration of multiple cell types in distinct and controllable spatial domains. We demonstrate the scope of this approach for modeling tissue-mimetic interactions *in vitro* by filling the inner channel of the fiber with macrophages and incorporating tumor cells in the surrounding peptide-modified alginate. We choose to use a human breast adenocarcinoma (MDA-MB-231) cell type and a mouse macrophage (RAW 264.7) cell type as a model system as this cell pair has been demonstrated to interact *in vitro* and *in vivo* through a paracrine loop.<sup>[6,17]</sup> We characterize the 3D segregation of this cell pair over time and show how pharmacological inhibitors of migration or TC–M $\phi$  signaling disrupt the normal spatiotemporal organization.

The strategy we present to make high-throughput cocultured alginate fibers in a single step is illustrated in **Figure 1**. First, human breast adenocarcinoma (MDA-MB-231, hereafter TC) and mouse macrophage (RAW 264.7, hereafter M $\phi$ ) cells are labeled with CellTracker and then mixed into pre-prepared 3.2% weight alginate and 0.046 g mL<sup>-1</sup> CaCl<sub>2</sub> in Dulbecco's modified Eagles' media (DMEM), respectively. We conjugate the pentapeptide sequence Tyr–Ile–Gly–Ser–Arg (YIGSR) with EDC/NHS to the alginate to support cell adhesion (Figure S1, Supporting Information).<sup>[18]</sup> After being placed in syringe pumps, the solutions are extruded in the microfluidic device in the desired geometry as illustrated in **Figure 2** and collected in 45 mg mL<sup>-1</sup> CaCl<sub>2</sub> aqueous solution. These fibers are then cut into pieces suitable for mounting as flowable tissue culture chips (Figure S2, Supporting Information) or used in 96-well plates for long-term culture.

Just as vertically extruded soft-serve ice cream twists into swirls when the end is seated in an ice-cream cone, hydrodynamically focused alginate fibers are manipulated by an analogous pushback force that packs the extruded material into specific hierarchical conformations. Due to the shear-thinning nature of the alginate solution as it is extruded,<sup>[19]</sup> the solution increases in its ability to bend and twist to accommodate for the stiffness exerted from the gelled, downstream middle fluid. By running the middle fluid at significantly higher volumetric fluid flow rates compared to the outer fluid, the middle fluid tends to pack the extra volume by flapping back and forth in periodic arrangements.<sup>[16,20]</sup> Based on results shown in Figure 2a, decreases in the outer fluid/inner fluid volumetric flow rates result in tighter packing and form a single concentric coflow device. We are able to demonstrate “straight,” “serpentine,” and

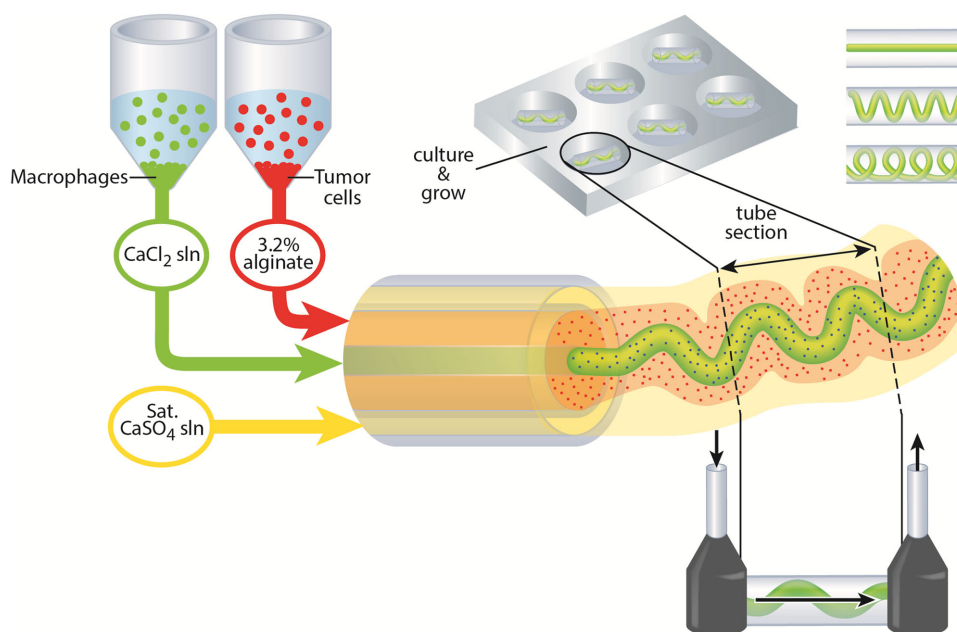
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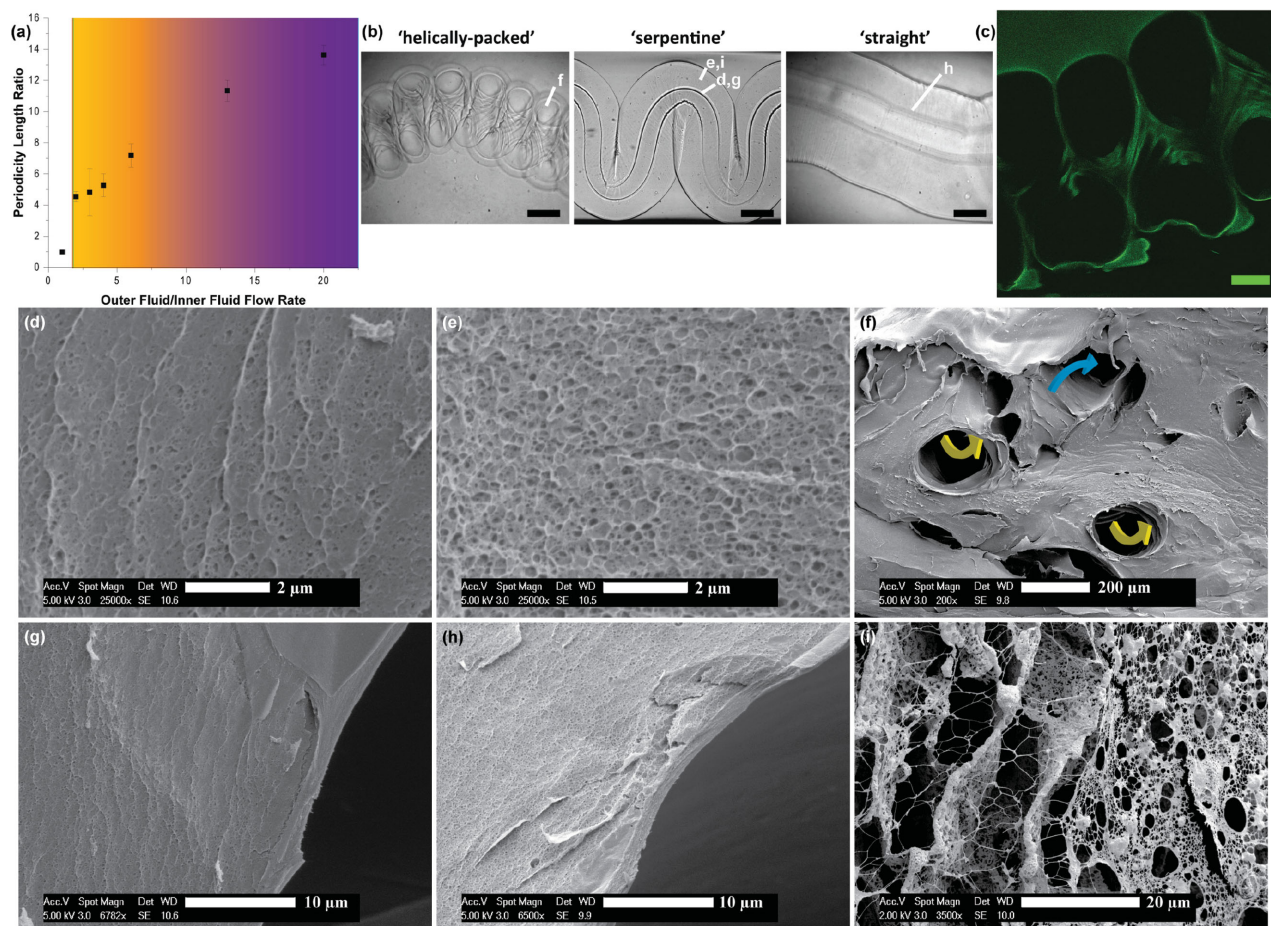
**Figure 1.** Schematic of dual-cultured hydrogel fiber production.

“helically packed” architectures by simply changing the flow rate and thus the periodicity. However, this phenomenon was only observed at very high flow rates (middle fluid =  $20 \text{ mL h}^{-1}$ ). Using this strategy, we are able to tune the flapping frequency on the fly and create hollow-channel fibers with multiple types of patterns on a continuously hollow calcium alginate hydrogel strand (see Movie 1 in the Supporting Information). Because sodium alginate is shear thinning, we use a slower gelating outer fluid (sat.  $\text{CaSO}_4$ ) to maintain temporal phase separation behavior until the gelator ( $45 \text{ mg mL}^{-1} \text{ CaCl}_2$ ) in the inner channel diffuses radially throughout the fiber to “lock” the structures into their respective architecture.

To characterize the geometric structure and porosity of our hollow channels, we use a combination of high-speed video recording (Figure 2b), confocal fluorescence microscopy of the hydrogel covalently conjugated to fluorescein (Figure 2c), dynamic mechanical analysis (Figure S3, Supporting Information), and environmental scanning electron microscopy (ESEM) (Figure 2d–i). ESEM of the freeze-dried alginate, though an indirect measurement of true porosity in a solvated gel, demonstrates that the relative pore size between samples is homogeneous within the bulk structure (Figure 2e) with the exception of an  $\approx 2 \mu\text{m}$  crust of tightly cross-linked hydrogel that surrounds every hollow inner channel (Figure 2g,h). We note that this crust could prove advantageous for applications where several levels of spatial cellular organization are desired (e.g., endothelial perfusion on the channel wall). Inner channel periodicity does not affect cross-linking or porosity in the bulk. Significant structural changes of the hydrogel fibers suggestive of remodeling is seen after 4 d culture with macrophages (Figure 2i).<sup>[21]</sup> We find that over 90% of encapsulated cells were viable within the first week of culture (Figure 3c), with no significant changes in viability over 3 weeks. TC *in vivo* will attract macrophages that secrete epidermal growth factor (EGF) to enhance the metastatic phenotype, thereby priming the TC to intravasate

into the vasculature. This paracrine interaction is proposed as a central event mediating metastasis.<sup>[3,4,6]</sup> We hypothesized that our alginate hydrogels would provide a simple model system of TC–M $\phi$  coculture for optimizing pharmacological compounds that disrupt this clinically relevant interaction. To test this hypothesis, we supplemented our coculture with Gefitinib (GEF), an epidermal growth factor receptor (EGFR) inhibitor,<sup>[22]</sup> zoledronic acid (ZA), a bisphosphonate that targets osteoclasts and macrophage cells, and an Rac1 inhibitor (RAC) as a broad spectrum modulator of cell migration.<sup>[23]</sup> We used CellTracker-labeling and confocal fluorescence microscopy to quantify the colocalization of the TC and macrophages in our coculture over time (Figure S4, Supporting Information). At Day 0, the fiber samples are very distinct and the macrophages are exclusively located in the hollow channels of the fibers (Figure 3a). However, after 4 d of incubation in media or vehicle control, the macrophages became interspersed among the entire calcium alginate hydrogel with a high degree of colocalization with TC. When the cocultures are treated with GEF, ZA, and RAC, there is a distinct impairment of migration and colocalization with the majority of macrophages remaining in the channel interior.

We quantitated the colocalization of cell-specific CellTracker fluorescence signal using the Coloc2 plugin of ImageJ Fiji.<sup>[24]</sup> At Day 0 when the two cell types are localized in distinct regions, there is a strong anticorrelated band indicated by the yellow arrow in Figure 3b, which indicates a negative calculated correlation factor. A negative correlation factor corresponds to two separate populations of cells, while a high correlation factor corresponds to a well-mixed heterogeneous cell population (Figure S7, Supporting Information). We use this calculated Pearson correlation as a metric of how well dispersed our two cell populations are and as a semiquantitative method to track migration and intermixing of different cell types. After 4 d, when significant numbers of macrophages migrate within the alginate matrix, we see a disappearance of this anticorrelation band



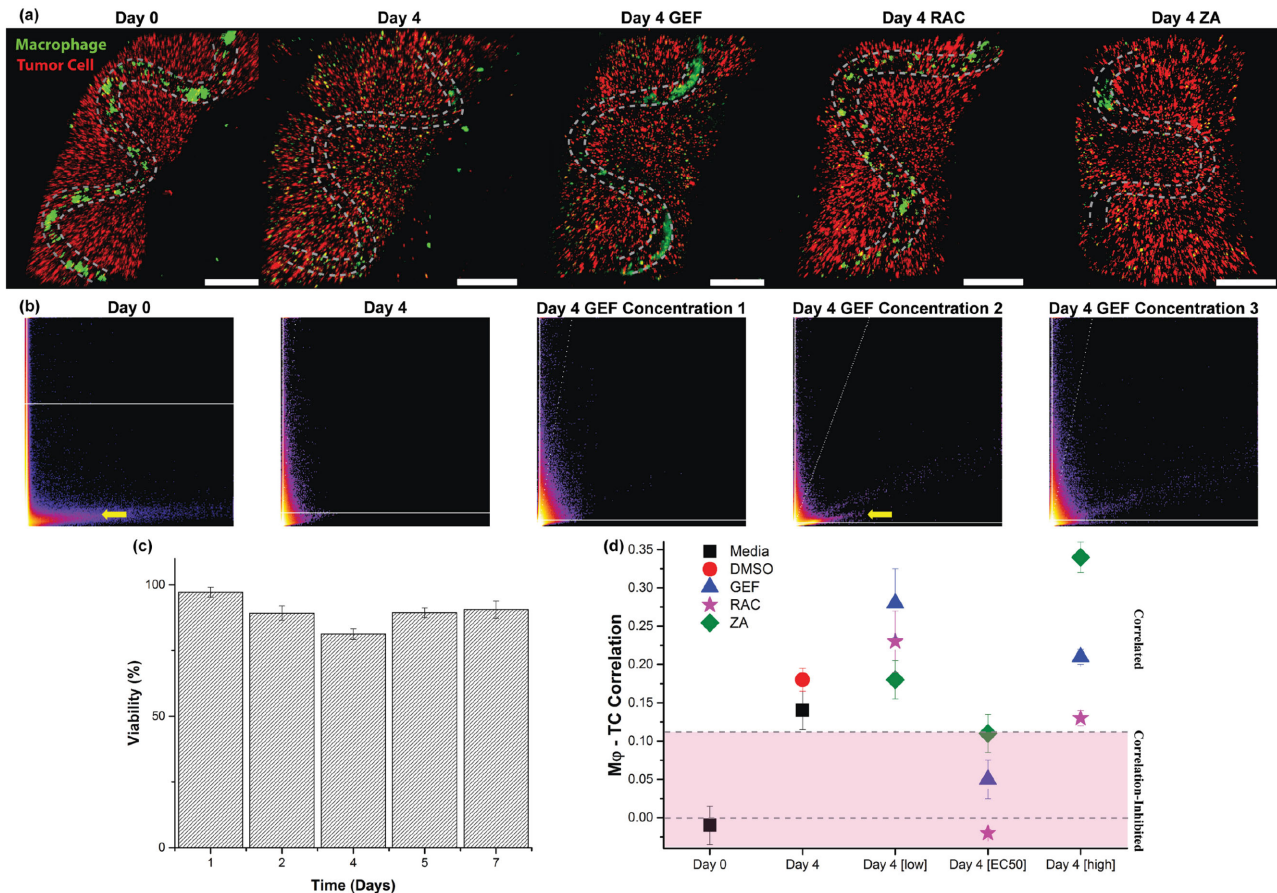
**Figure 2.** Fiber architecture characterization and analysis. a) Architecture and pattern amplitude spacing dependence on outer fluid/inner fluid ratio. b) Optical images of select patterned fiber structures with 200  $\mu\text{m}$  scale bars. c) Confocal fluorescence image slice of covalently conjugated fluorescein to a “helically packed” fiber with a 50  $\mu\text{m}$  scale bar. d–i) Calcium alginate fibers prior to culturing with cells. d) Close-up ESEM image of tightly cross-linked inner channel membrane indicating the smaller, partially collapsed pores of the calcium alginate matrix. e) ESEM of the bulk aspect of the alginate fiber matrix. f) Diagonal slice of a patterned alginate fiber showing intersecting inner channel segment with yellow arrows indicating directionality of the vasculature coming out of the plane and blue arrows indicating a direction into the plane. g) ESEM of patterned fiber close to the opening of the inner channel. h) Macro image of straight fiber near inner channel opening. i) Calcium alginate network freeze-dried after culturing with macrophages for 4 d (control media sample)

and an increase in the calculated correlation factor (Figure 3b). When our cultures were treated with drug concentrations at the approximate EC50 of all three inhibitors ( $50 \times 10^{-6}$  M for ZA and Rac1;  $50 \times 10^{-9}$  M for GEF), we see the calculated correlation factor decrease. In particular, the inhibitor of Rac1 which is expected to impair cell migration between channels leads to a return to anticorrelation comparable to initial seeding (Day 0) (Figure 3d). Supplementation of the cultures with drugs well below or above the EC50 fails to attenuate the colocalization.

Next we explored how the ratio of macrophages to TC varies over time in our system (Figure S5, Supporting Information). There is an increase in the M $\phi$ /TC ratio from Day 0 to Day 4 in all of the samples, presumably because macrophage growth rates are nearly double that of the TCs.<sup>[25,26]</sup> By moving from the “straight” fibers to the “serpentine” patterns, the M $\phi$ /TC ratio increases, which correlates with our fast camera observations. Comparing “straight” fibers with “serpentine” wave-like fibers, we see that the straight fiber samples consistently show higher

correlation factors and thus more migration of macrophages to the alginate than their patterned counterparts (Figure 4a). This trend is in contrast to the ratio of M $\phi$ /TC where the straight fibers result in a 20% decrease in the fraction of macrophages to TC. This is presumably because of the lower volume of the inner channel in the “straight” compared to “serpentine” fibers.

When we compare the TC–M $\phi$  correlation to the M $\phi$ /TC ratio for our fibers treated with pharmacological inhibitors, we can readily identify drug treatments that show the highest inhibition of migration and colocalization (Figure 4b; GEF and RAC). We hypothesize that the different behavior of cells in the “straight” fibers versus the “serpentine” fibers may be on account of increased interactions, not only due to the increase in macrophages but also from the directionality of the signaling (see Figure 4c). By simulating the diffusion of chemical signaling that may take place from the macrophage positioning within the fiber, it is evident that the patterning periodicity plays a more dominant role in how the diffusant disperses



**Figure 3.** Colocalization and inhibition analysis of heterotypic cocultures of macrophage tumor cells. a) 3D reconstructions of macrophages (Mφs) in green and tumor cells (231) in red stained with CellTracker and the location of the hollow inner channel indicated in dotted gray lines. Scale bar is 400 μm. b) Colocalization scatter plots indicating a trend toward correlated pixel values between CellTracker fluorescent channels, which can be partially reversed upon incubation at certain drug concentrations. The yellow arrow indicates the presence of anticorrelated pixel intensities between the two channels. c) Cell viability of coculture of macrophage and tumor cells in patterned alginate fibers incubated in media over the course of 7 d. d) Plot of the calculated Pearson correlation factors for the three drugs at three concentrations at low, medium [EC50], or high concentrations for three fiber samples averaged. Dashed lines are for visual distinction of zero value correlation and that of the controls.

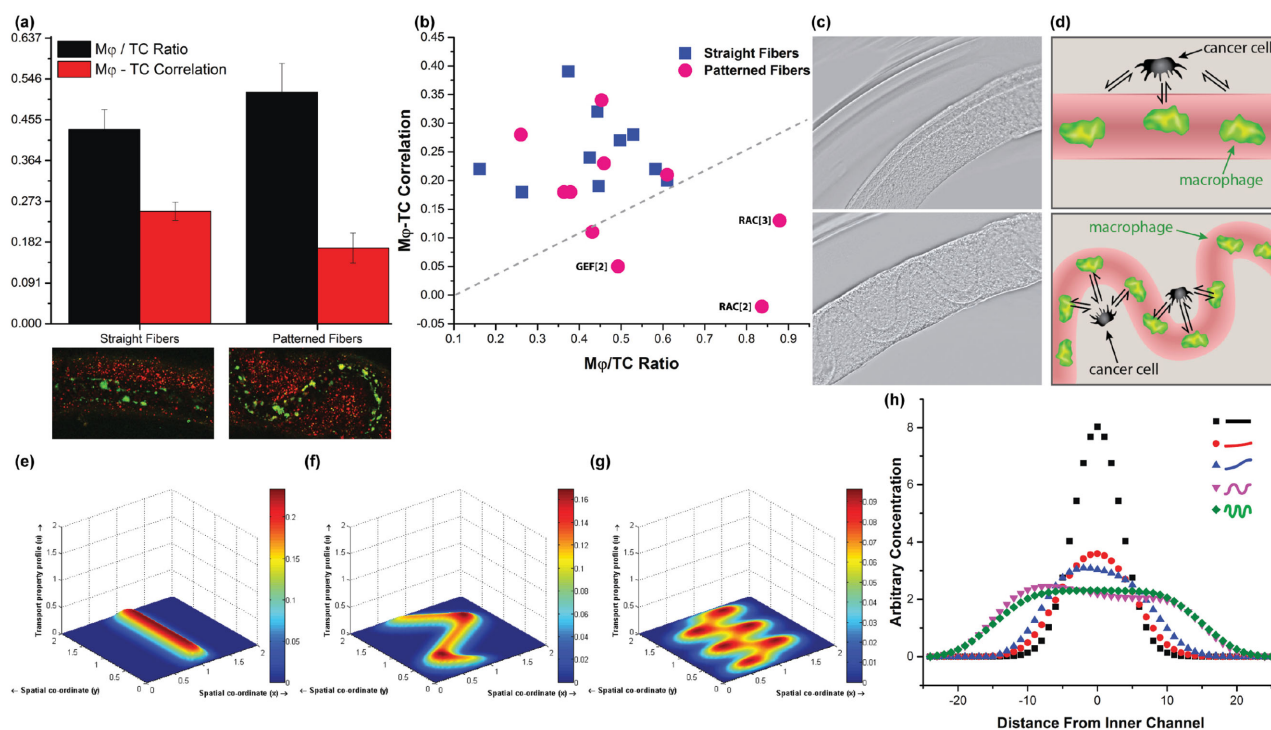
within a fiber than the initial chemical signal concentration (Figure 4e–h). To supplement the model, we injected Cy3-conjugated streptavidin through the hollow channel and find increased diffusion out of the channel for the serpentine architecture compared to the straight fibers (Figure S6, Supporting Information). In living systems, structures develop during normal morphogenesis and pathological processes to adopt a breadth of curvilinear and fractal-like forms (e.g., blood vessels, respiratory buds, mammary ducts), where diffusional distances and spatial positioning of cells are critical for function. Our tissue-mimetic fibers may better emulate the nonlinear architecture in living systems,<sup>[28]</sup> indicating that this technique may find broad applicability in fabricating model tumor architectures for therapeutic development.

We present a twist on traditional microfluidic concentric flow spinning methods using fiber packing minimization to produce a variety of structures in a single simple device. The ability to quickly tune the packing of vascularized alginate multicell tissue scaffolds may lend itself for use as a model system to study other heterotypic interactions. Indeed, we believe this

system will prove particularly useful for modeling metastasis because the vessel architecture can be tuned on the fly. Not only are the scaffolds easily manufactured, they also offer tremendous potential as model systems for high-throughput screening of drug efficacy, as well as flowable and vascularized lab-on-a-fiber platforms. We imagine that this packing is not limited to the gelation of calcium alginate hydrogel fibers but is applicable to a wide range of experimentation required for fast-patterning vasculature in the future.

## Experimental Section

**Coculture of Adenocarcinoma and Macrophage Cells within the Fibers:** MDA-MB-231 human adenocarcinoma cells (ATCC) and RAW 264.7 mouse macrophage cells (ATCC) were cultured in DMEM (Fisher) supplemented with 10% fetal bovine serum (Life Technologies) and 1% penicillin/streptomycin (p/s), media changed every 2 d and passaged at ≈80% confluency using 0.05% trypsin:EDTA (Life Technologies). CellTracker Green CMFDA dye and CellTracker CM-Dil dye (Life Technologies) were used to label Mφ and TCs, respectively, according



**Figure 4.** The influence of geometry on macrophage tumor cell signaling. a) Comparison of averaged macrophage (Mφ)/tumor cell (TC) ratios to Mφ–TC correlation factors calculated for straight and patterned fibers, respectively, after drug and media exposure, Mφ (green), TC (red). *t*-tests demonstrate statistical significance between the two groups of straight and patterned fibers with a maximum *p*-value of 0.05 among pharmacological conditions.<sup>[27]</sup> b) Plot relating the Mφ–TC correlation with the Mφ/TC ratio, with labels and a line drawn to illustrate the best performing conditions inhibiting Mφ migration. c) Straight and patterned hollow alginate structures formed in our devices with 200 μm scale bars. d) Cartoon illustrations comparing how the geometric arrangement of cells may affect their signaling in naturally occurring architectures and model systems. e–g) Simulations of 2D anisotropic diffusion through finite difference method for channels of e) zero, f) one, and g) two periodic patterns. h) Cross-sectional plots of simulated diffusion away from inner channels for increasingly periodic patterns.

to manufacturer's instructions. We dispersed labeled TCs in the alginate solution at a concentration of  $5 \times 10^6$  cells mL<sup>-1</sup>. Labeled Mφ cells were dispersed in CaCl<sub>2</sub> solution at a concentration of  $4.5 \times 10^7$  cells mL<sup>-1</sup>. After fiber generation, fibers were cut into ≈20 mm sections and stored in 24-well cell culture plates containing media and pharmacological drugs. For pharmacological inhibition studies, we used GEF (G-4408, LC Labs) at 10, 50, and  $100 \times 10^{-9}$  M, ZA (Cayman Chemical) at 10, 50, and  $100 \times 10^{-6}$  M, and Rac1 inhibitor II (CAS 1090893-12-1, Calbiochem) at 10, 50, and  $100 \times 10^{-6}$  M concentrations. A vehicle control of 2% DMSO in cell culture media was also used. The cells were incubated at 37 °C, 5% CO<sub>2</sub> environment, with media changes every 2 d.

**Covalently Conjugating Alginate Fibers:** Sodium alginate (71238 Sigma, 1.5 g) was dissolved overnight stirring in 150 mL of PBS at room temperature. EDC (E1769 Sigma, 0.597 g) and sulfo-NHS (56485 Sigma, 0.418 g) were added and stirred for 5 min, followed by addition of YIGSR (T7154 Sigma), and stirred for 24 h at RT under nitrogen. The solution was dialyzed in Millipore-filtered water for 5 d and lyophilized for 8 d. Conjugation was calculated to be 7% from <sup>1</sup>H NMR in D<sub>2</sub>O (Figure S2, Supporting Information). To image the fiber patterns in the absence of cellular additives, the 406 mg sections of sodium alginate were added to a solution of 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC, 10.5 mg), sulfo-*N*-hydroxysuccinimide (NHS, 4.83 mg), in 7 mL of PBS, and stirred for 5 min at room temperature. Then fluoresceinamine (201626 Sigma, 1.4 mg) was added and stirred for 24 h. The fibers were then washed three times with PBS and fluorescently imaged. These procedures were adapted from Mooney et al.<sup>[29]</sup>

**Concentric Glass Capillary Microfluidic Device Manufacture:** Glass capillary tubes from Vitrocom were purchased with inner diameters of 100, 700, and 2000 μm. They were glued in a concentric pattern

with Loctite 5 Minute Epoxy and washed several times with water and isopropanol.

**Producing Straight, Serpentine, Helically Packed Architectures:** A 3.2% weight solution of sodium alginate was left to gently stir at 3 °C for 5 d in PBS for the middle fluid, a 45 mg mL<sup>-1</sup> solution of CaCl<sub>2</sub> in media was prepared for the inner fluid, and a saturated solution of CaSO<sub>4</sub> in PBS for the outer fluid. The solutions were extruded from Harvard Apparatus PhD 2000 syringe pumps and collected in a bath of inner fluid solution without cells.

**Environmental Scanning Electron Microscopy of Alginate Fibers:** After fiber production in the absence of cellular additives, the sections of hydrogel were cut into 20 mm sections with 10% ethanol cryoprotectorant and submerged in pressurized liquid nitrogen for 10 min, fractured, and then immediately lyophilized in a LABCONCO Freezezone 4.5 Liter Freeze Dry system for 36 h. The fiber sections were then sputter-coated with ≈80 nm of Au/Pd for imaging.

**Cell Count and Viability Assay:** Cell viability was measured every day for 7 d. A 20 mm section of cell fiber was collected in a centrifuge tube and suspended in 2 mL of 0.5 M ETA solution for 30 min at 37 °C to dissolve the alginate followed by the addition of 100 μL 0.05% trypsin and incubation at 37 °C for an additional 5 min to form single cell suspension. The solution was centrifuged for 5 min at 300 rcf and the resulting cell pellet was resuspended in 1 mL of fresh cell culture media. A 1:1 mixture of cell suspension and 0.4% Trypan blue solution (Life Technologies) was prepared and counted with a hemocytometer to determine the number of live (unstained) compared to dead (blue stained) cells. Three counts were averaged for each day.

**Cellular Migration and Correlation Analysis:** Confocal image stacks of fiber samples were opened in ImageJ Fiji using the Coloc2 plugin

with threshold values consistently set throughout samples for the green (M $\phi$  channels) and the orange (TC channels). The outputs of the plugin are displayed as Pearson correlation factors above the threshold values and the 2D pixel intensity correlation plot. At least three duplicate samples of each independent experiment were analyzed and “t-test: two-sample assuming unequal variances” analysis was performed using Microsoft Excel.

**Fluorescence Imaging of Cocultured Fibers:** After 4 d in culture, sectioned cell fibers were fixed in 4% paraformaldehyde for 20 min and permeabilized with 0.1% Triton X-100 for 30 min before blocking with 1% bovine serum albumin (BSA, Sigma) for 1 h. Cell nuclei labeling was performed in 5% goat serum containing 1% BSA with 4',6-diamidino-2-phenylindole (DAPI, 1:5000 dilution) for 1 h at room temperature. Fluorescence images were taken on a Zeiss 710 multiphoton confocal microscope.

**Simulation of Diffusion:** The diffusion equation through finite element analysis was simulated and solved implicitly for a grid mesh of 40  $\times$  50 in 2D, using the central difference as the spatial derivatives. For each initial condition in Figure 4e–h, the total amount of initial concentration and point sources was kept constant to illustrate the ideal case of comparing the diffusion profiles of different inner channel geometries while keeping simulated number of macrophages constant. Increasing point sources in relation to length of simulated inner channel did not produce significant differences in the diffusion profile shape. The code from the MATLAB FileExchange was adopted and repurposed to accommodate more geometrically relevant models.<sup>[30]</sup>

## Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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